



## **Study Guide For Pre K- 5th Grades**

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## **About The Program**

“Super Me” is a fast paced theatrical adventure that combines high-energy hip-hop dance, intense video gaming, astounding magic, interactive animation and a live actor. Audience members are taken on a virtual journey into a comic book world to help a young boy escape from bullies.

Amazing animated and real life videos are projected onto a large screen during the performance allowing audience members to interact with the characters. The audience must help the boy overcome obstacles and solve puzzles using super powers onstage (Super Human Strength, X- Ray vision, Telekinesis, and Aquakinesis.)

During the show, kids are taught a hip-hop dance based on the “Super Me” theme music. At the end of the show, the kids must perform the dance to move to next level of the Super Me training program. The Super Me song summarizes all the Anti-Bullying methods given during the show. Kids not only see real life examples of bullying but are given clear step by step actions to help stop bullying.

## **Artist Bio**

Sean Driscoll's has thrilled audiences with educational workshops and performances of interactive animation, music, storytelling, theater, comedy and magic for thirty years. This unique combination makes their performances and workshops truly original. His company, The Story Ship, has artists performing regularly throughout the United States in theaters, schools, libraries, resorts, after school programs, and festival settings. They reach tens of thousands of children and adults each year through hundreds of residencies, workshops and performances.

### **Technical Requirements**

12' stage area, 1 table and two electrical outlets. We bring everything else including sound equipment.

### **Set Description**

The set includes a giant interactive video screen with animated characters and puppets that interact with the audience.

## Program Objectives

1. Students will be able to identify bullying behavior using the **RIP** (Repeated, Intentional, Power-based) acronym from Olweus Anti-Bullying Program.
2. Students will be given 10 steps to deal with bullies based on the Olweus system. They will also understand how to implement them in real life situations.

## Curriculum Standards Connections

Students Will:

- Describe how individuals are affected by the different social groups to which they belong.

(SS.912.S.4.1)

- Discuss how humans interact in a variety of social settings. (SS.912.S.4.11)
- Analyze what can occur when the rules of behavior are broken.
- Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors. (HE.912.C.2)
- Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks. (HE.912.B.2)

## Post Performance Discussion Questions

1. What are the three elements of behavior that constitute bullying? **RIP**

**Repetition** – Repeated events of physical or emotional harassment.

**Intentional** – Actions with the intention of harming others emotionally or physically.

**Power Based** – Abusive behavior towards other with the intention of have power or control of another person.

2. When is direct confrontation advised when intervening or standing up and between bullies and a victim or your friend?
3. When should you tell an adult about a bullying problem that you are experiencing or witnessed?
4. When is it best to approach a victim of bullying that you don't know? In private? In front of a large crowd?
5. Who should you tell and when if you are a victim of bullying?

## **Curriculum Connections and pre or post performance activity suggestions.**

*Language Arts:* Have the students create their own bullying story. Be sure to include facts based on the pre and post performance questions above.

*Arts:* Illustrate the story above to create an interactive book in Power Point. Create short video clips or bullying situations and how best to deal with them.

*Music:* Write a song or rap based on the concepts taught during the show. Listen to The Story Ship's song, "Super Me!" to get ideas.

## **Suggested Reading**

**"Auggie & Me"(Three Wonder Stories) by R. J. Palacio**

**Age Range:** 8 - 12 years

**Grade Level:** 3 - 7

**Lexile Measure:** 0680

**Hardcover:** 320 pages

**Publisher:** Knopf Books for Young Readers (August 18, 2015)

**"Stand Up for Yourself and Your Friends: Dealing with Bullies and Bossiness and Finding a Better Way"**

by Patti Kelley Criswell

**Age Range:** 8 and up

**Grade Level:** 3 and up

**Lexile Measure:** 740L

**Paperback:** 64 pages  
**Publisher:** American Girl; 1 edition

**“Stick and Stone” by Beth Fury**

**Age Range:** 4 - 7 years

**Grade Level:** Preschool - 3

**Hardcover:** 48 pages

**Publisher:** HMH Books for Young Readers (April 7, 2015)

**“Juice Box Bully”**

**Age Range:** 4 and up

**Grade Level:** Preschool and up

**Paperback:** 32 pages

**Publisher:** Ferne Press (September 30, 2010)

## Websites

<http://www.stopbullying.gov/kids/>

<http://www.pacerkidsagainstbullying.org/kab/>

<http://www.pacer.org/bullying/>

<https://www.thestoryship.com/post/standing-up-to-bullies-how-kids-can-support-their-friends>

<https://www.thestoryship.com/post/what-should-i-do-if-i-m-being-bullied-essential-prevention-tips-for-kids>

<https://www.thestoryship.com/post/standing-up-to-bullies-how-to-handle-instagram-bullying-as-a-3rd-5th-grader>

<https://www.thestoryship.com/post/uncover-the-ultimate-cyberbullying-prevention-strategies-igniting-change-in-the-digital-world>

